



## MULTIPLE SCLEROSIS TRUST

a positive approach to multiple sclerosis

### Facts about MS

- 100,000 people in the UK have multiple sclerosis (MS)
- MS is a condition where damage occurs in the central nervous system (the brain & spinal cord)
- MS is the most common disabling condition among young adults
- About twice as many women as men have MS
- Everyone's MS is different; there are many possible symptoms, but most people experience only a few
- At present there is no cure for MS but positive steps can be taken to maintain quality of life

### The MS Trust

We are a leading UK charity for people with MS, their friends, families and for the health and social care professionals who work with them.

### *Our vision is to enable people with MS to live their lives to the full*

- Our mission is to make a real difference for people with MS through the provision of information and professional education, by funding practical research and by campaigning for the improvement of MS services
- We work to the highest possible standards and actively seek opportunities to work with other organisations to provide a real benefit for people with MS

### **Our objectives are to offer practical, deliverable solutions:**

- To provide information about MS that is evidence based, constructive and positive
- To offer high quality education for MS specialist nurses and other health and social care professionals who work with people with MS
- To provide funding for practical research that can make a difference to the lives of people who are living with MS now
- To actively campaign for the improvement of MS services
- To ensure that everyone with MS has access to an MS specialist nurse

### **Our belief is that people with MS should:**

- Have access to high quality services to enable them to maintain as active a lifestyle as possible
- Have access to trained health care professionals such as MS specialist nurses
- Be equal partners with the professionals in making choices about their health care
- Have the information to help make the right choices

### **Multiple Sclerosis Trust**

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